




NUTRITION CARE DIVISION
GENERAL LEONARD WOOD ARMY COMMUNITY HOSPITAL
OUR DAILY SPECIALTIES

Menu subject to change based upon availability

6/17/2016 0:00

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Nutrition Care Division

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	26-Jun-2016	27-Jun-2016	28-Jun-2016	29-Jun-2016	30-Jun-2016	1-Jul-2016	2-Jul-2016
GREAT BEGINNINGS BREAKFAST MENU	Fresh Fruit, Fruit Juices (V) Oatmeal/Grits (V)	Biscuit Rolls Oatmeal/Grits (V)	Breakfast Burrito Oatmeal/Grits (V)	Breakfast Sandwich Oatmeal/Grits (V)	Breakfast Burrito Oatmeal/Grits (V)	Breakfast Sandwich Oatmeal/Grits (V)	Fresh Fruit, Fruit Juices (V) Oatmeal/Grits (V)
MON - FRI 0600-0900	French Toast (V)	Pancakes (V)	Waffles (V)	French Toast (V)	Pancakes (V)	Waffles (V)	French Toast (V)
WKND&S & HOLIDAYS 0700-1000	Hash Brown Patties	O'Brien Potatoes	Hash Brown Patties	O'Brien Potatoes	Hash Brown Casserole	Shredded Hash Browns	Hash Brown Patties
FEATURING:	Eggs/Omelets to Order	Bacon/Sausage	Bacon/Sausage/Turkey Bacon	Bacon/Sausage/ Turkey Bacon	Bacon/Sausage	Bacon/Sausage/Turkey Bacon	Eggs/Omelets to Order
OMELETS MADE TO ORDER	Bacon/Sausage	Turkey Links	Grilled Porkchop	Corned Beef Hash	Turkey Links	Chicken Fried Steak	Bacon/Sausage
MADE FRESH DAILY	Sausage Gravy/Biscuits	Sausage Gravy/Biscuits	Sausage Gravy/Biscuits	Sausage Gravy/Biscuits	Sausage Gravy/Biscuits	Sausage Gravy/Biscuits	Sausage Gravy/Biscuits
Training Holiday							
PANINI OF THE DAY	Soup of the Day	Philly Cheesesteak	Chili	Hot Pastarami Sandwich	Chili	New Orleans Style Po Boy	Soup of the Day
MID-DAY FARE LUNCH MENU	Mashed Potatoes w/ Gravy	Mediterranean Veg Soup	Chicken/Beef Fajitas	Smothered Pork Chops	Chicken Noodle Soup	Chicken Gumbo Soup	Baked Ziti
WKND&S & HOLIDAYS 1000-1400	Macaroni and Cheese	Spaghetti w/ Meat Sauce	Black Bean & Cheese Enchilada (V)	Shrimp and Grits	Parmesan Crusted Tilapia	Home Cooked Chicken Quarters	Lyonnais Potatoes
FEATURING:	Home-style Dinner Rolls	Chicken Marsala	Lemon Garlic Tilapia	WING WEDNESDAY	General Tso's Chicken	Baked/Fried Catfish	Country Style Vegetables (V)
FRESH GRILLED ITEMS	Dessert of the Day	Beef Stroganoff	Mexican Rice	Mashed Potato (V)	Mongolian Beef	Barbecued Ribs	Garlic Toast
WRAPS & DELI SANDWICHES		Breaded Mushrooms (V)	Refried Beans (V)	Fried Okra (V)	Jasmine Rice (V)	Macaroni and Cheese (V)	Dessert of the Day
Try our Vegetarian (V) Options! 		Antigua Vegetables (V)	Zucchini w/ Stewed Tomatoes (V)	Green Peas and Carrots (V)	Fried Rice	Red Beans and Rice (V)	
		Broccoli Spears w/ Cheese Sauce	Mixed Vegetables (V)	Simmered Yellow Squash (V)	Asian Fried Cabbage (V)	Collard Greens w/ Ham Hocks	
		Garlic Bread	Chicken Taquitos	Homestyle Dinner Roll	Japanese Vegetables (V)	Glazed Carrots (V)	
		Strawberry Cream Pie/Parfait	Coconut Cream Pie/Parfait	Oreo Pie/Parfait	Vegetable Egg Rolls (V)	Corn Muffins/Biscuits	
		BAKED POT/SWT POT BAR	TACO SALAD BAR	BAKED POT/SWT POT BAR	Carrot Cake/Parfait	PIES & COBBLER BAR	
					BULGOGI BAR		
DINNER DISHES EVENING MENU	WEEKEND MENU	Hot Specialty Soup & Chili	Hot Specialty Soup & Chili	Hot Specialty Soup & Chili	Hot Specialty Soup & Chili	Hot Specialty Soup & Chili	WEEKEND MENU
MON - FRI 1600-1800		Baked Spaghetti	Baked Fish	Grilled Porkchop	Honey Glazed Chicken	Shepherd's Pie	
WKND&S & HOLIDAYS 1530-1730		O' Brien Potatoes	Fiesta Rice (V)	Mashed Potatoes (V)	Corn (V)	Fire Roasted Sweet Potatoes	
FEATURING:		Seasoned Lima Beans	Broccoli Spears (V)	Green Beans (V)	Japanese Vegetables (V)	Simmered Cauliflower	
FRESH GRILLED ITEMS	Mixed Vegetables	Antigua Vegetables	Zucchini w/ Stewed Tomatoes (V)	Capri Vegetables (V)	Green Peas (V)	Glazed Carrots	Country Style Vegetables
SALADS & DELI SANDWICHES	Dessert of the Day	Garlic Bread	Wheat Dinner Roll	Homestyle Dinner Roll	Wheat Dinner Roll	Corn Bread	Dessert of the Day
		Strawberry Cream Pie	Coconut Cream Pie	Oreo Pie	Carrot Cake		